

# Breaded dab

by Mowi

These natural dab fillets, caught in the north-east Atlantic Ocean, have been coated with a crispy bread crumb coating with parsley. This offers you the delicious combination of the delicate fish flavour and texture with the crunch and herbal flavour of its crispy bread crumb coating. The coating protects the delicate fish flesh and ensures a great baking result and taste sensation.



Gepaneerde schar 

Limande panée 

Kliesche in Panade 



## Product Information

Scientific name:	<i>Limanda limanda</i>
Origin:	Caught in the north-east Atlantic Ocean (FAO 27)
Sustainability:	Management of the dab fisheries is regulated by Total Allowable Catch limits, set by the EU
Composition:	Natural dab fillets in a crispy bread crumb coating, pre-fried
Range:	Natural or Parsley coating
Product weight:	140-160g, 160-180g, 180-200g
Shelf life:	Frozen -18°C: 18 months

## Preparation - from frozen

