

Breaded plaice

by Mowi

These natural plaice fillets, from MSC certified sustainable fisheries in the North Sea, have been coated with a crispy bread crumb coating. This offers you the delicious combination of the delicate fish flavour and texture with the crunch of its crispy coating with real bread crumbs. The coating protects the delicate fish flesh and ensures a great baking result and taste sensation after frying.



Gepaneerde schol 

Plie panée 

Scholle in Panade 



Product Information

Scientific name:	<i>Pleuronectes platessa</i>
Origin:	Caught in the north-east Atlantic Ocean (FAO 27) - North Sea
Sustainability:	MSC certified
Composition:	Natural plaice fillets in a crispy bread crumb coating, non pre-fried
Range:	Natural
Product weight:	140-160g, 160-180g, 180-200g
Shelf life:	Frozen -18°C: 18 months

Preparation - from frozen

